THE FIRST-TIME MUM BABY LIST

Stop Overbuying: *What to Buy Now and What to Skip*



- Must-have
- Nice to have
- Can come later

By GiftingNest

GIFTINGNEST

Your baby needs far less than the internet tells you. Know exactly what to buy, what to put on your registry as a treat, and what to leave for later.

Every item is live on mygiftingnest.com

Create your free registry

How to read this guide

Every item named here is live on **mygiftingnest.com**. Not on the website yet? Request it on **WhatsApp** and we list it on the website.

MUST-HAVE

Baby or you need it in the first weeks. Put it on your registry and request delivery before your due date. If your due date is close, buy it yourself.

NICE TO HAVE

Makes life easier. Perfect for your registry, because loved ones love gifting these.

CAN COME LATER

Baby does not need it for a while, and most of these are for after 6 months. Add them to your registry now if you like, and buy them when baby is ready.

The test is simple. If baby cannot go without it in week one, it is a must.

Your plan in 5 steps

1. **Create your free registry** on mygiftingnest.com.
2. Add every must-have first. These are your priority items.
3. Add the nice-to-haves to the same registry.
4. Share your registry link with family and friends (ways to share are at the end).
5. Request delivery for your must-haves by week 34. Pack your hospital bag by week 36.

Due date close, or registry not fully gifted yet? Open your registry and use Complete My Registry to buy the rest yourself. You are in control.

PART 1

Must-haves

Buy or request delivery for all of these before baby arrives.

Hospital bag

The fastest way to be ready is a pre-packed bundle.

First-Time-Mum Hospital Bag Essentials Bundle — **₦141,500**

Built for first-time mums. The most complete option.

Every-Mum Hospital Bag Essentials Bundle — **₦98,000**

A lighter bundle if you already own some things.

Prefer to pack it yourself? Read our hospital bag checklist.

Sleep

Your baby needs a safe, flat place to sleep. Choose the bed that suits your space and budget.

Separated Baby Bed (Bed on Bed) — **₦46,500**

The budget-friendly pick.

Mastela 5-in-1 Baby Bassinet Rocker with Canopy and Toy Mobile — **₦115,000**

Rocks to settle baby without picking up every time. Comes with a canopy and a toy mobile. Light enough to move from room to room, and the bassinet part lifts out to carry baby. Made for the early months.

Mastela 4 in 1 Bassinet — **₦152,500**

The cradle moves side to side, back and forth, or rotates 360°. The cradle is removable.

Next-to-me Bassinet **₦152,500**

Sits next to your bed for easy night feeds. Adjusts as baby grows, from newborn to toddler. Great as a group gift.

Bedsheet 2pc Set **₦15,500**

Get 2 sets so one is always clean.

Blankets **₦16,500**

For swaddling, naps and the stroller. White, blue, pink or green.

Flannel Cloths (4 or 5 pcs) **From ₦12,000**

For everyday wiping, burping and clean-up. Buy several packs. Start with a 4 in 1 or 5 in 1.

To move a sleeping baby around the house, use the Mastela 5-in-1 Rocker, whose bassinet lifts out, or the Kidilo carry cot under Going home and going out.

Going home and going out

Kidilo 3IN1 Carry Cot / Car Seat / Rocker **From ₦109,000**

A carry cot, a car seat and a rocker in one. Carry baby from room to room, and use it as the car seat when you leave the hospital. A car seat is not optional if you go home by car. Message us on WhatsApp to confirm the right size for a newborn before you order.

Feeding

Breastfeeding, formula, or both, you need clean bottles and cloths for all three.

Bottle Set (Baby Bank) **₦15,500**

Bottles and brush together.

Bottle Cleanser — From ₦9,000
Baby bottles need their own soap.

Milton Sterilizing Tablets — ₦10,500
Sterilize bottles without a machine. Confirm size at checkout.

Burp Cloths (3 in 1) — ₦12,000
You will use these daily.

Cloth Bibs 5pcs — ₦11,000
Five is the right number.

Nursing Pillow — ₦16,500
Saves your back and arms.

Manual Breast Pump — ₦14,000
A simple start if you plan to breastfeed.

Diapering

A newborn goes through 8 to 12 diapers a day. Stock up.

Softcare Diapers (Jumbo Pack) — From ₦9,500
Count varies by size. Start with newborn size, not more.

Baby Wipes Huggies (Carton) — From ₦32,000
A carton lasts weeks.

Baby Wipes Softcare (Carton) — ₦30,500
Another carton option.

Changing Mat — ₦13,500
A clean surface anywhere.

Scented Johnson's Diaper Jelly (Pink) ₦9,000
Protects against nappy rash.

Vaseline Original Healing Jelly From ₦6,000
A budget rash barrier.

Bath and grooming

Bathset From ₦27,000
A baby tub for safe bath time.

3pc Hooded Towels ₦15,500
Keeps baby warm after bath.

8pcs Wash Clothes ₦10,000
Gentle on new skin.

10 in 1 Baby Care Kit From ₦10,000
Nail care and grooming tools, all in one.

Skincare (read the next page before you buy)

Choose one routine, not five brands. If baby reacts to something, you will know why.

Sebamed Skincare Bundle (Wash + Lotion + Oil) ₦56,500

Aveeno Baby Set (400ml body wash + 250ml body lotion) ₦66,500

Johnson's Set, The Soft Baby Glow Set (3 pieces) ₦52,000

Boots Set (2 Head to Toe Wash + 1 Body Lotion) ₦36,500

Cussons Baby Care Set (5-Piece) ₦15,500

Baby Secret Body Wash & Lotion Bundle ₦26,500

Buying single pieces?

Sebamed Wash (₦19,000), Body Lotion (₦19,000), Oil (₦16,500), Bar Soap (₦9,500), Johnson's Hair & Body Oil (₦17,500), Boots Hair Shampoo (₦14,000)

SKINCARE SPOTLIGHT

Why we only sell skincare from verified stores

This is the one category where saving money costs you the most.

Fake baby skincare is common in Nigeria. It sits in open markets, on social media pages and in random online stores, in bottles that look exactly like the real thing.

A fake bottle can hold the wrong ingredients, harsh chemicals, or a formula that has gone off. Nobody tested it. Nobody tracks the batch.

Your baby's skin is thinner than yours. It absorbs more and reacts faster. A fake lotion or wash can cause rashes, redness, eczema flare-ups, allergic reactions and infection. Your baby cannot tell you something stings.

How to protect your baby

- Be suspicious of any price far below the usual price. Real products have a floor price.
- Check the seal. A broken or loose seal is a red flag.
- Look at the print. Blurry text, spelling errors and faded labels point to a copy.
- Check the batch number and expiry date. Missing or mismatched details mean walk away.
- Ask the seller where the stock comes from. A real seller answers clearly.
- If baby breaks out after a new product, stop using it, rinse the skin with plain water and see your paediatrician.

What GiftingNest does about it.
We sell skincare only from verified stores. Our imported skincare products are shipped in directly, so they do not pass through random hands before they reach you.

On your registry, your loved ones gift the real thing too. That peace of mind is built in.

Clothes

Baby outgrows 0 to 3M within weeks. Buy 1 to 2 packs in newborn size, no more. Put most of your money into 3 to 6M. Buy 6 to 9M ahead too if you have space. Bodysuits, sleepsuits and joggers all come in 0 to 12M on the website, so you build the whole first year here.

ITEM	0-3M	3-6M	6-9M
Bodysuits (5 pcs) ₦19,000	1 pack	2 packs	1 pack
Sleepsuits (3 pcs) ₦22,500	1 pack	2 packs	1 pack
Joggers (3pcs) ₦13,000	1 pack	2 packs	1 pack

Newborn extras

One pack of each is enough.

Cotton Vests (3 pcs)	₦15,000
Newborn Mittens (4 pcs)	₦7,500
Socks (7 pcs)	₦6,000
Cotton Caps (5 pcs)	₦12,000

Laundry

Wash baby clothes before the first wear. Use a non-bio detergent, which is gentler on newborn skin.

Persil Non Bio Detergent (XL Pack, 53 Washes)	From ₦11,000
Pure Love Non Bio Detergent Powder (1kg)	₦7,500

Pure Love Liquid Detergent and Conditioner	From ₦15,500
Pegs	₦4,500

Your own recovery

You need things too. Do not skip this list.

Peri Bottle Gentle cleaning after birth.	₦14,000
Nursing Bra Easy feeding access.	₦10,500
Breastfeeding Nightwear Comfort for night feeds.	₦19,000
Only Disposable Breast Pads (Pack of 46) Keeps leaks from showing.	₦10,000
Nipple Balm (Lanolin) Soothes sore nipples in the early weeks.	₦33,000

That is every must-have. Add them all to your registry first. Next up, the treats.

PART 2

Nice to have

These make life easier. None are needed in week one. They are perfect for your registry, because loved ones enjoy gifting them and you do not have to pay for them.

Feeding and pumping

Electric Breast Pump (Dr Gym Intelligent)	₦33,000
Pumping Bra	₦20,000
Breastmilk Storage Bags (250ml)	₦9,500
Breastmilk Storage Cups (Pack of 4, 60ml)	₦22,500
Electric Bottle Sterilizer (Dr Gym)	₦71,500
Tommee Tippee Newborn Starter Pack (9 piece)	₦77,500
Tommee Tippee Complete 12 piece Feeding Set	₦277,500
Tommee Tippee Disposable Breast Pads (Pack of 40)	₦13,000
USB warmer on the go	₦59,000
Gluck Vacuum Flask	From ₦13,000
Vigorous Vacuum Flask	From ₦42,500

Out and about

Chicco Mummy Bag (3 Colours)	₦34,000
Chicco Multi-Function Mummy Bag	₦35,500
Chicco Multi-Function Travel Bag & Bed	₦42,500

Baby carriers

A carrier frees your hands and settles a fussy baby in the first weeks. Baby gets home without one, so it sits here and not under must-haves. If you want one early, it is the first nice-to-have to add. Match the carrier to baby's weight. Many newborns weigh under 3.6 kg, which is the minimum for the Infantino.

Chicco 3 Way Baby Carrier From 0+ (for newborns from birth)	₦30,500
Infantino 4-in-1 Convertible Carrier (from 3.6 kg up to about 14.5 kg)	₦33,000

Swings

A swing soothes a fussy baby while you eat, shower or rest. It is a treat, never a need, because baby sleeps in a bassinet. Use a swing only while baby is awake and watched. If baby falls asleep in it, move baby to a flat bed.

Mastela 3-in-1 Baby Swing with Mosquito Net and Toy Mobile	₦109,000
Mastela 4-in-1 Baby Swing	₦121,500

Around the house

Baby Monitor	₦152,500

Baby Foldable 10-in-1 Bath Set	₦152,500
Folding Washing Machine	₦52,500
Mom and Baby Towel	₦24,500
5pcs Baby Clothes Wardrobe Hangers	₦11,000
Clothes Hanger	From ₦24,500

Gum care

Gum cleaning starts before the first tooth. Dentists advise wiping baby's gums after feeds. Add this now if you like. It is not urgent.

Dental Wipes & Finger Brush (28 Wipes + 1 Brush)	₦13,000

Keepsakes and special outfits

Shawl (for christening and baby dedication, one is enough)	From ₦19,000
Newborn Christening Outfit	From ₦19,000
Cardigans Set	₦22,500
Photography Swaddle	₦15,500
Milestone Cards	From ₦8,000

PART 3

Can come later

These come later. Baby will not use them for a while, and sizes change fast. Add them to your registry now if you like, and buy them when baby gets there.

Infantino Cuddle Up Ergonomic Hoodie Baby Carrier (5.4 to 18.1 kg) ₦33,000

For when baby reaches 5.4 kg, usually around 3 months.

9 to 12M bodysuits, sleepsuits and joggers

They are on the website. Buy them closer to the time.

Solid food gear

High chair, weaning bowls and spoons, sippy cups. Not on the website yet. Request them and we list them.

Play gear

Play mat, toys, walker, baby gate. Not on the website yet. Request them and we list them.

Baby is close to one of these stages? **Request what you need on WhatsApp** and we list it on the website.

Request on WhatsApp

How to get everything

Option 1: Build your registry here.

Add items, set how many you need and put your priorities first. Loved ones buy the full item or give a part of it. Big items like the bassinet or car seat become a group gift.

Option 2: Shop directly.

Browse the shop and buy anything yourself, any time.

Option 3: Complete My Registry.

Gifts did not cover everything? Buy the remaining items yourself in one go.

All items are on **mygiftingnest.com**. Missing something? Request it on **WhatsApp** and we list it on the website.

Request an item on WhatsApp

How to share your registry

Copy your registry link from your dashboard. Then share it where your people already are.

- **WhatsApp:** Send it to family and friends, personally or in group chats with them.
- **Family and church groups:** Drop it in close-knit groups that care about you and would love to send gifts.
- **In conversation:** Bring it up when loved ones ask about your baby shopping.
- **Work:** Share it with your colleagues.
- **Status and social media:** Post it with your baby announcement or naming ceremony invite.

A message you copy and send

> *Hi! We are expecting our baby and I set up a registry on GiftingNest. In case you would like to gift us anything, you can pick straight from our list, so gifts are not duplicated. You can buy a full item or contribute toward a bigger one. Here is my link: [your link]*

Loved ones can still gift after baby arrives, so there is no deadline.

Your checklist

- [ ] Create your registry
- [ ] Add all the must-haves first, they are your priority
- [ ] Choose one skincare routine from a verified store
- [ ] Add the nice-to-haves to the same registry
- [ ] Share your link with family and friends, in your close groups, at work and on your status
- [ ] Request delivery for must-haves by week 34
- [ ] Pack your hospital bag by week 36
- [ ] Use Complete My Registry for anything still missing
- [ ] Come back to the Part 3 list when baby is ready for it

GIFTINGNEST

Ready to start?

Create your free registry and add your must-haves today.

Create your free registry

Prefer to buy something yourself?

Shop baby essentials on GiftingNest

mygiftingnest.com